

# INTENTIONAL ACTIVITIES

## PRESCHOOL AGED

### **I am Special**

Let each one in your group get comfortable with each other by sharing something special about themselves. Have the group sit together in a circle and start the ice breaker by introducing yourself and telling the group something special. "My name is Susan and I'm special because I have 4 dogs." Have the little one next to you do the same and continue all around the circle.

### **20 Questions**

Make a list of questions, such as, "Have you ever been to the zoo?" or "do you have a bicycle?" or "do you have any dogs at home?" Have each child who says "yes" run to a certain area of the room. The kids will be laughing as they run from place to place in the room.

### **Getting to Know You**

Everyone sits in a circle. You start off the game by rolling a ball at someone in the circle and asking a question at the same time - such as "What's your name?", "What is your favorite number?", "What's your favorite color?" and so on. The person who you roll the ball to must answer the question and then roll it on and ask their own question.

## LOWER ELEMENTARY

### **Sets**

Have the kids sit down. Pick two or three kids that have something in common, such as stripes on their shirts, no shoelaces, or the same first letter in their name.

Have them stand up. The rest of the kids try to figure out what makes them a "set."

### **Question Sit Down**

Have everyone stand up. Tell them you are going to make statements and if the statement applies to them, they are to take a seat. For example, you can say, "*Sit down if you have a cat,*" or "*Sit down if you have a sister.*"

Have each kid who sits down tell his or her name and something about the statement, such as "My name is Bob and I have a bull dog."

## **UPPER ELEMENTARY**

### **Don't Smile or Laugh!**

Have the kids sit in a circle. Explain that no one is supposed to smile or laugh except for one person. Everyone must look at the kid smiling and laughing and keep a very straight face. Start with the youngest and tell them to smile and laugh for one minute and see how many other people do so. Proceed around the circle until everyone has a chance to take the challenge.

### **Name Alliteration**

Choose a category, such as Disney characters, flowers, cars, or animals.

Have the kids to sit in a circle. Then have them choose a word to put with their name that starts with the same letter their name starts with. Then ask each kid in turn to say his name. For example, a girl name Sam might choose, "Sunflower Sam," or a boy might choose "Dodge Dan."

Go around the circle with each kid repeating the other names they have heard and adding their own. The last one must be able to say all the names.

### **Clump**

Have everyone stand at least five feet apart, so that when you spread out your arms, you're not touching anyone else's arms.

The leader then shouts out: "Clump of [some number]"

Everyone then has to huddle together in a group huddle or "clump" of that many people.

There should usually be people left over because there aren't enough people to form a full clump.

If you can't form a clump, then you're out! The game ends with a clump of two, and those two win the round!