

# Family Equip Page

## Family Prayer Sticks

### Supply List:

- Popsicle Sticks
- Mason Jar
- Yarn
- Beads
- Washi Tape
- Any additional craft items
- Hot glue gun
- Sharpies



### Purpose:

- Allows families to be more comfortable with prayer and allow for a diverse prayer time at the dinner table.
- Reinforces the value of prayer to children.
- Teaches kids to pray for others and to pray more than just before bed and at meal time.
- Instills the discipline of prayer in children

"This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him." 1 John 5:14-15

Step 1: Spend some time talking with your kids about what they want to pray for and as a family decide what to write on each popsicle stick.

Step 2: Write the different prayers on each popsicle sticks. Examples—for the hurting in the community, for the kids teachers, people who we have a hard time getting along with, etc. You can also put some fun washi tape on the back for decoration!

Step 3: Decorate your jar! You can decorate your jar however you would like. Some ideas include wrapping different yarn around it and adding some beads. The options are really endless with what how you want to decorate it.

Step 4: Put your sticks in the jar and place it on your dining table or somewhere you are frequently gathered as a family in your house.

Step 5: PRAY! Take turns and have a family member read the prayer stick out loud and then have them say a prayer for whatever the prompt is. You don't have to limit the prayer jar to only dinner time, your family could use when the kids are doing homework or just sitting around talking.